CIMS Cardiac Team

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Peripheral Arterial Occlusive Diseases

- Vascular surgery is a speciality dealing with ‘Diseases of blood vessels outside the brain & heart’. It is a well established speciality in India by now.
- We at CIMS, treat vascular diseases with medicines, Endovascular (Minimally Invasive catheter based) interventions as well as Surgical procedures including bypass operations, depending on the type & severity of disease.
- We have the Best Cardiologists, Cardiac surgeons, Intensivists & Radiologists’ back up to manage the most complex cases.
- Being The First MCh Vascular & Endovascular surgeon of Gujarat state, my aim is to spread awareness among people & doctors.
- With state of art Operating rooms, Cathlabs, ICUs and the latest technologies at CIMS hospital, we have been successful in achieving excellent outcomes in all the avenues of vascular diseases.

Dr. Srujal Shah
Consultant Vascular & Endovascular Surgeon, CIMS Hospital

Aortic Aneurysms

- Aneurysm is a ‘Permanent & Localised dilatation of the vessel’ which may lead to pain & rupture if not treated on time and endanger life.
- Diagnosis : Clinical exam followed by Ultrasound and Confirmation by CT Angiography
- Management: Three options
  - Medical Management – For those with small aneurisms or unfit for treatment
  - EVAR(Endovascular Aneurysm Repair) – Minimally invasive repair using EndoGraft (Covered Stents)
  - OSR (Open Surgical Repair) – Conventional Open Inclusion Aneurysmorrhaphy, where aneurysm is opened and repaired from within using prosthetic grafts
- In Gujarat, many patients die because of lack of awareness and delayed diagnosis of Aortic aneurisms and Aortic dissection

Let us change the scenario by providing patients with best treatment on time.

Varicose Veins & Chronic Venous Diseases

- Varicose veins: They are dilated, tortuous and elongated veins causing discomfort, leg ache, cosmetic blemish and ulcers & bleeding in advanced & neglected cases.
- Evaluation: Detailed Physical check up followed by Venous Duplex scan to rule out DVT and to diagnose incompetency of Major Valves(S-F & S-P junctions or perforators)
- Management: There has been Revolutionized change in venous disease management.
- In contrast to old methods of stripping, we have Minimally Invasive Radiofrequency Ablation and Laser devices as well as Ultrasound guided Foam Sclerotherapy and Hook Phlebectomies for Day care Treatment with excellent outcomes and 100% patient satisfaction.

We have treated the most challenging Venous Ulcers and our patients continue to feel better with our treatment.

Diabetic Foot Clinic

- Diabetic Foot Infections (DFI) are quite common in Gujarat and thousands of patients loose their limbs due to failure to revascularize or optimal podiatric care
- Having excellent intensivist in our team, we have been achieving high success rate in DFI.
- We do Infra Genicular (Tibial ) Angioplasties as well as Bypasses using Saphenous Vein upto Ankle – and I am proud to say we have salvaged many limbs with our focused treatment strategies.

A-V Access Surgeries

- We do Arterio Venous Fistula (AV fistula) Creation for the CKD patients for permanent dialysis.
- We have done Basilic Vein Transposition & A-V grafting successfully for patients having failed fistulas or poor venous conduits.
- We follow Fistula First Initiative.
- Having The Best Nephrologists in Ahmedabad in our team, we give scientific and high quality care to our patients.

DVT & PE

- With an increase in number of surgeries all over the state, we are referred a huge number of Deep Venin Thrombosis patients from all over the state.
- We believe in early CDT(Catheter Directed Thrombolysis) whenever suitable to prevent ‘Post Thrombotic Syndrome’ & its Life long sequele.
- We put IVC Filters in highly selected patients having contraindications or complications with Anticoagulation or Free Floating thrombus in IVC.
- We do Venous Plasties and Stenting for Treatment of Post Thrombotic syndrome and Non Healing Venous ulcers.

With an excellent back up of Intensivists and Cardiologists, we are geared up to manage & save lives of patients suffering from Pulmonary Embolism.