

Health Check-up



CIMS offers Health Check-up Programs to individuals who are keen on being medically vigilant.

Preventive Health Check-up (subject to a max of 5000/-) is eligible for deduction under section 80-D of Income Tax 1961.

 Health is  Wealth

 **CIMS**[®]
CARE INSTITUTE OF MEDICAL SCIENCES
Earning Trust with World-Class Practices



Basic-1

₹ 999/-

PRELIMINARY TESTS

- CBC
- Urine R/M

DIABETIC PROFILE

- Random Blood Sugar \$
OR
- Fasting Blood Sugar \$

KIDNEY FUNCTION TEST

- S. Creatinine

LIVER FUNCTION TEST

- SGPT

CARDIAC CHECKS

- ECG
- S.Cholesterol

CONSULTATION

- Doctor Consultation

Basic Screening

₹ 1,600/-

PRELIMINARY TESTS

- CBC+ESR
- Urine R/M

DIABETIC PROFILE

- Random Blood Sugar \$
OR

- Fasting Blood Sugar \$

KIDNEY FUNCTION TEST

- S.Creatinine

LIVER FUNCTION TEST

- SGPT

CARDIAC CHECKS

- ECG
- S. Cholesterol

RADIOLOGICAL INVESTIGATION

- Chest X-Ray

CONSULTATIONS

- Physician
- Diet & Wellness

KIDS

₹ 2,400/-

PRELIMINARY TESTS

- CBC + ESR
- Blood Group
- Urine R/M

DIABETIC PROFILE

- Random Blood Sugar \$
OR
- Fasting Blood Sugar \$

INFECTION SCREENING

- CRP

RADIOLOGICAL INVESTIGATION

- Chest X-Ray

CONSULTATIONS

- Ophthalmologist
- Dentistry
- ENT
- Paediatrician
- Diet & Wellness

Cardiac Screening

₹ 3,500/-

PRELIMINARY TESTS

- CBC + ESR
- Urine R/M

DIABETIC PROFILE

- Random Blood Sugar \$
OR
- Fasting Blood Sugar \$

KIDNEY FUNCTION TEST

- S.Creatinine

LIVER FUNCTION TEST

- SGPT

CARDIAC CHECKS

- Lipid Profile
- ECG
- Echo Screening \$ OR
- TMT \$

RADIOLOGICAL INVESTIGATION

- Chest X-Ray

CONSULTATIONS

- Physician
- Diet & Wellness

Well Woman

₹ 5,000/-

PRELIMINARY TESTS

- CBC + ESR
- Urine R/M

DIABETIC PROFILE

- Random Blood Sugar \$
OR

- Fasting Blood Sugar \$

KIDNEY FUNCTION TESTS

- S.Calcium
- S.Creatinine

LIVER FUNCTION TEST

- SGPT

CARDIAC CHECKS

- ECG
- S. Cholesterol

THYROID SCREENING

- TSH

CANCER DETECTION

- Pap Smear

RADIOLOGICAL INVESTIGATIONS

- Chest X-Ray
- Mammography / USG Breast
- Sonography Abdomen

CONSULTATIONS

- Physician
- Dentistry
- Gynaecologist
- Diet & Wellness

Bone

₹ 5,500/-

PRELIMINARY TESTS

- CBC+ESR
- Urin R/m
- Vitamin B-12
- Vitamin D (25OH)
- R.A test (Quantitative)
- PARA THYROID HORMONE (PTH)
- S. Calcium

DIABETIC PROFILE

- Fasting Blood Sugar \$
OR

- Random Blood Sugar \$

KIDNEY FUNCTION TESTS

- RFT
- Uric Acid

LIVER FUNCTION TESTS

- Total protein
- Alkaline Phosphate

RADIOLOGICAL INVESTIGATION

- X-Ray- Joints (3 Region)

CONSULTATIONS

- Orthopaedic
- Diet & Wellness

Cardio - Onco (Male)

₹ 5,500/-

PRELIMINARY TESTS

- CBC+ESR
- Urine R/M

DIABETIC PROFILE

- Random Blood Sugar \$
OR
- Fasting Blood Sugar \$

KIDNEY FUNCTION TESTS

- S.Calcium
- S.Creatinine

LIVER FUNCTION TEST

- SGPT

CARDIAC CHECKS

- ECG
- Lipid Profile
- Echo

THYROID SCREENING

- TSH

CANCER DETECTION

- Acid Phosphatase/PSA

RADIOLOGICAL INVESTIGATIONS

- Chest X-Ray
- Sonography Abdomen

CONSULTATIONS

- Physician
- Cancer Specialist
- Dentistry
- Diet & Wellness

Cardio - Onco (Female)

₹ 6,000/-

PRELIMINARY TESTS

- CBC+ESR
- Urine R/M

DIABETIC PROFILE

- Random Blood Sugar \$
OR

- Fasting Blood Sugar \$

KIDNEY FUNCTION TESTS

- S.Calcium
- S.Creatinine

LIVER FUNCTION TEST

- SGPT

CARDIAC CHECKS

- ECG
- Lipid Profile
- Echo

THYROID SCREENING

- TSH

CANCER DETECTION

- Pap Smear

RADIOLOGICAL INVESTIGATIONS

- Chest X-Ray
- Mammography / USG Breast
- Sonography Abdomen

CONSULTATIONS

- Physician
- Cancer Specialist
- Dentistry
- Gynaecologist
- Diet & Wellness

Liver Plus

₹ 6,000/-

- CBC
- RFT
- LFT
- PT
- INR
- GGT
- HIV
- HbsAg
- Anti - HCV
- AFP
- Lipid Profile
- USG Abdomen
- Gastro Consultation

Cardio Diabetic

₹ 6,500/-

PRELIMINARY TESTS

- CBC+ESR
- Blood Group
- Urine R/M

DIABETIC PROFILE

- Random Blood Sugar \$
OR

- Fasting Blood Sugar \$

- Post Lunch Blood Sugar

- HbA_{1c}

KIDNEY FUNCTION TESTS

- Urea
- S.Creatinine
- S. Potassium

LIVER FUNCTION TEST

- SGPT

CARDIAC CHECKS

- Lipid Profile
- ECG

- Echo Screening
- TMT

THYROID SCREENING

- TSH

RADIOLOGICAL INVESTIGATION

- Chest X-Ray

OPHTHALMOLOGY CONSULTATION

- Fundus Examination

CONSULTATIONS

- Physician
- Ophthalmologist
- Dentistry
- Diet & Wellness

Gastro Care

₹ 8,000/-

- CBC
- ESR
- Serum Creatinine
- SGPT
- HIV
- HbsAg
- Serum TSH
- Upper GI Endoscopy /
Eso Manometry - B /
Anorectal manometry - A /
Sigmoidoscopy
- USG Abdomen
- Gastro Consultation

Cardio Diabetic Plus

₹ 8,500/-

PRELIMINARY TESTS

- CBC+ESR
- Blood Group
- Urine R/M

DIABETIC PROFILE

- Random Blood Sugar \$
OR

- Fasting Blood Sugar \$

- Post Lunch Blood Sugar

- HbA_{1c}

- Urine Micro Albuminuria

KIDNEY FUNCTION TESTS

- Uric Acid
- S.Creatinine
- S. Potassium

LIVER FUNCTION TEST

- SGPT

CARDIAC CHECKS

- Lipid Profile
- ECG

- Echo Screening
- TMT

THYROID SCREENING

- TSH

RADIOLOGICAL INVESTIGATIONS

- Chest X-Ray
- Sonography KUB

OPHTHALMOLOGY CHECK

- Fundus Examination

CONSULTATIONS

- Physician
- Ophthalmologist
- Endocrinologist
- Dentistry
- Diet & Wellness

Executive

₹ 12,000/-

PRELIMINARY TESTS

- CBC+ESR
- Blood Group
- Urine R/M

DIABETIC PROFILE

- Random Blood Sugar \$
OR
- Fasting Blood Sugar \$
- HbA_{1c}

KIDNEY FUNCTION TESTS

- RFT
- Uric Acid

LIVER FUNCTION TEST

- LFT

CARDIAC CHECKS

- Lipid Profile
- ECG
- Echo Screening
- TMT

THYROID SCREENING

- TSH

CANCER DETECTIONS

- Pap Smear #
- Acid Phosphatase/PSA #

RADIOLOGICAL

INVESTIGATIONS

- Chest X-Ray
- Sonography Abdomen
- Mammography / USG Breast*
OR
- Carotid Doppler *

LUNG EFFICIENCY

- Pulmonary Function Test #

CONSULTATIONS

- Physician
- Ophthalmologist
- Dentistry
- Cancer Specialist
(If needed)
- Gynaecologist
- Diet & Wellness

Advanced

₹ 17,300/-

PRELIMINARY TESTS

- CBC+ESR
- Blood Group
- Urine R/M

DIABETIC PROFILE

- Random Blood Sugar \$
OR
- Fasting Blood Sugar \$
- Post Lunch Blood Sugar
- HbA_{1c}

KIDNEY FUNCTION TESTS

- RFT
- Uric Acid
- S.Calcium

LIVER FUNCTION TEST

- LFT

CARDIAC CHECKS

- Lipid Profile
- ECG
- Echo Screening
- TMT

THYROID SCREENINGS

- TSH
- T3
- T4

RADIOLOGICAL

INVESTIGATIONS

- Chest X-Ray
- Sonography Abdomen
- Mammography / USG Breast
- Carotid Doppler
- MRI Screening (Ortho Related)

LUNG EFFICIENCY

- Pulmonary Function Test

CANCER DETECTIONS

- Pap Smear
OR

- Acid Phosphatase / PSA

CONSULTATIONS

- Physician
- Ophthalmologist
- Dentistry
- Cancer Specialist
(If needed)
- Orthopaedic
- Gynaecologist
- Dermatologist
- Diet & Wellness

Advance Plus

₹ 20,500/-

PRELIMINARY TESTS

- CBC+ESR
- Blood Group
- Urine R/M

DIABETIC PROFILE

- Random Blood Sugar \$
OR
- Fasting Blood Sugar \$
- Post Lunch Blood Sugar
- HbA_{1c}

KIDNEY FUNCTION TESTS

- RFT
- Uric Acid
- S.Calcium

LIVER FUNCTION TEST

- LFT

CARDIAC CHECKS

- Lipid Profile
- ECG
- Echo Screening
- TMT

THYROID SCREENINGS

- TSH
- T3
- T4

RADIOLOGICAL

INVESTIGATIONS

- Chest X-Ray
- Sonography Abdomen
- Mammography / USG Breast
- Carotid Doppler
- CT Coronary Angio

LUNG EFFICIENCY

- Pulmonary Function Test

CANCER DETECTIONS

- Pap Smear
OR

- Acid Phosphatase / PSA

CONSULTATIONS

- Physician
- Ophthalmologist
- Dentistry
- Cancer Specialist
(If needed)
- Gynaecologist
- Dermatologist
- Cardiologist
- ENT
- Diet & Wellness

Advance Plus-1

₹ 30,000/-

PRELIMINARY TESTS

- CBC+ESR
- Blood Group
- Urine R/M

DIABETIC PROFILE

- Fasting Blood Sugar
- Post Lunch Blood Sugar
- HbA_{1c}

KIDNEY FUNCTION TESTS

- RFT
- Uric Acid
- S.Calcium

LIVER FUNCTION TEST

- LFT

CARDIAC CHECKS

- Lipid Profile
- ECG
- Echo Screening
- TMT

THYROID SCREENINGS

- TSH
- T3
- T4

RADIOLOGICAL

INVESTIGATIONS

- Chest X-Ray
- Sonography Abdomen
- Mammography / USG Breast
- Carotid Doppler
- CT Coronary Angio

LUNG EFFICIENCY

- Pulmonary Function Test

CANCER DETECTIONS

- Pap Smear
OR

- Acid Phosphatase / PSA

ENDOSCOPY

- Upper GI Scopy

CONSULTATIONS

- Physician
- Ophthalmologist
- Dentistry
- Cancer Specialist (If needed)
- Gynaecologist
- Dermatologist
- ENT
- Cardiologist
- Gastro Physician Consultation
- Diet & Wellness

Advance Plus-2

₹ 35,000/-

ROOM STAY

- 1 Day Single Room

PRELIMINARY TESTS

- CBC+ESR
- Blood Group
- Urine R/M
- Stool R/M
- Vitamin B-12

DIABETIC PROFILE

- Fasting Blood Sugar
- Post Lunch Blood Sugar
- HbA_{1c}

URINE MICRO ALBUMINURIA

KIDNEY FUNCTION TESTS

- RFT
- Uric Acid
- S.Calcium

LIVER FUNCTION TESTS

- LFT

CARDIAC CHECKS

- Lipid Profile
- ECG
- Echo Screening
- TMT
- Homocystine
- LP(a)

INFECTION SCREENINGS

- HIV
- HbsAg
- VDRL

THYROID SCREENINGS

- TSH
- T3
- T4

RADIOLOGICAL INVESTIGATIONS

- Chest X-Ray
- Sonography Abdomen
- Mammography / USG Breast
- Carotid Doppler
- CT Coronary Angio

LUNG EFFICIENCY

- Pulmonary Function Test

CANCER DETECTIONS

- Pap Smear
OR

- Acid Phosphatase / PSA

ENDOSCOPYS

- Upper GI Scopy
- Colonoscopy

CONSULTATIONS

- Physician
- Ophthalmologist
- Dentistry
- Cancer Specialist (If needed)
- Gynaecologist
- Dermatologist
- ENT
- Cardiologist
- Gastro Physician Consultation
- Diet & Wellness

In executive package if PSA / PAP Smear is done then only cancer specialist consultation will be given

\$: Any one of these two tests can be done

: Any one of these three tests can be done

*Any one of these two tests can be done

You are in need of health check-up if you display any one or more of the following:

- Over 40 yrs of age
- Obesity
- Chewing Tobacco/Smoking or Heavy drinker
- Executive with a stressful job
- Suffering from or having a family history of Diabetes, High blood pressure and Heart disease.
- Low exercise tolerance
- Weight loss / Weight gain
- Chronic indigestion
- Swelling in stomach, hand-leg, breast, etc.
- Blood in urine, stool or while coughing

Tests included:

- a) **Liver Profile:** SGPT, SGOT, Total Bilirubin (Conjugated Bilirubin, Unconjugated Bilirubin), Alkaline Phosphatase, Total Proteins, Albumin, Globulin, A/g ratio ggt.
- b) **Renal Profile:** Blood Urea, Serum Creatinine, Electrolytes (Sodium, Potassium & Chloride)
- c) **Lipid Profile:** Serum Cholesterol, Triglycerides, HDL Cholesterol, LDL Cholesterol, VLDL Cholesterol, Cholesterol / HDL Ratio, LDL/HDL Ratio.

For males below 45 years, Acid Phosphatase test to be done and for males above 45 years, Prostate specific antigen (PSA) test to be done.

**For Health checkup appointment
call : +91-79-2772 2116**

NOTES:

Please read this before coming for your Health Check

- All health checkups are conducted by prior appointment only.
- The entire process of check-up lasts about 5-6 hours if appointment is taken in advance. If no appointment is taken, then the process will last for about 6-8 hours depending on the package. So we request a prior appointment.
- Eye lenses, if any, should be removed before coming for check-up.
- You are advised to wear loose and comfortable clothing. Remove jewellery before coming for health check-up.
- Kindly bring along previous medical records, if any. Also bring any hearing aids, visual aids like spectacles or any other aids that you use.
- Any additional investigations or consultation will be done only after prior appointment.
- Additional tests, investigations or consultation can be conducted on request or requirement, but they will be billed in addition to the cost of your health check package.
- Please do not take anything except water after 10 pm the night prior to an appointment and do come by 8 am on the appointment day.
- Light dinner on the previous night is recommended.
- A small stool sample should be brought in the provided container.
- Breakfast/snacks will be served after collection of blood samples in all packages.
- Lunch will be provided in all packages except in Cardiac Screening, Basic Screening, Basic-I & Kids packages.
- In Advanced Package, MRI will be done only after orthopaedic doctor's suggestion.
- If you are above 45 years, jogging shoes will be required for the Tread Mill Test.
- An authorization letter from your Company is required for cashless facility. Also, bring a xerox of your Company's ID proof or Govt. photo ID proof.
- Men are requested to shave their chest to ensure a good ECG/Tread Mill Test. However if not done, it will be done at the hospital.
- For Ladies: The Hospital shall not conduct certain investigations like X-ray for pregnant women. PAP Smear test can not be done during menstruation.
- For tests not included in your selected package a 20 % discount will be offered (conditions apply)
- USG Breast Test will be done for female less than 40 years and a mammogram will be conducted for females above 40 years.
- If MRI / CT Scan / Endoscopy are not included in your selected package a 10% discount will be offered (conditions apply), if you opt for the same.

For any health care service (Consultations / Investigations) not included in the health check-up package, extra charges will apply.

* All Packages are effective from June 22, 2018.



CIMS Hospital : Regd Office: Plot No.67/1, Opp. Panchamrut Bunglows, Nr. Shukan Mall, Off Science City Road, Sola, Ahmedabad - 380060. Ph. : +91-79-2771 2771-72 Fax: +91-79-2771 2770

For appointment call : +91-79-3010 1008 Mobile : +91-98250 66661 or email on opd.rec@cimshospital.org

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