

JIC 2023 EDITION



Price : ₹ 5/-

HEALTHY HEART

VOLUME-13 | ISSUE-168 | NOVEMBER 05, 2023

JIC 2024
JAN 05-07
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Every session is
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Learn new things and be part
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Venue :

CLUB 07
Shela, Ahmedabad

29th YEAR
OF ACADEMICS

20th ANNUAL
Scientific Symposium

Register Now





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Conference Chairman	: Dr. Anish Chandarana	Marengo CIMS Hospital, Ahmedabad
Conference Co-Chairman	: Dr. Hemang Baxi	Marengo CIMS Hospital, Ahmedabad
Chairman, Scientific Committee	: Dr. Tejas V. Patel	Marengo CIMS Hospital, Ahmedabad
Co-Chairman, Scientific Committee	: Dr. Ajay Naik	Marengo CIMS Hospital, Ahmedabad
Organizing Secretary	: Dr. Satya Gupta	Marengo CIMS Hospital, Ahmedabad
	: Dr. Urmil Shah	Marengo CIMS Hospital, Ahmedabad
Conference Directors	: Dr. Dhiren Shah	Marengo CIMS Hospital, Ahmedabad
	Dr. Dhaval Naik	Marengo CIMS Hospital, Ahmedabad
	Dr. Vipul Kapoor	Marengo CIMS Hospital, Ahmedabad
	Dr. Hiren Kevadiya	Marengo CIMS Hospital, Ahmedabad
Conference Advisor	: Dr. Deepika Singhal	GMERS, Sola, Ahmedabad

Chairman-Emeritus	: Dr. Keyur Parikh	Marengo CIMS Hospital, Ahmedabad
Chairman-Emeritus, Scientific Committee	: Dr. Milan Chag	Marengo CIMS Hospital, Ahmedabad

Symposium

- Critical Care (Airway Workshop)
- GI Oncology Updates Improving Patient Outcome
- Gastrology Update
- Neurology (Stroke) Update
- Infectious Diseases- Back to Basics
- Critical Care / Pulmonology Symposium
- Gynecology And Infertility Update
- Nephrology Symposium

Organizing Chairman

- : Dr Bhagyesh Shah
- : Dr Devang Bhavshar
- : Dr Bhavesh Thakkar
- : Dr Mukesh Sharma
- : Dr Surabhi Madan
- : Dr Bhagyesh Shah
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- Dr Rajeevkumar Bansal
- Dr Keval Changadiya
- Dr Kamini Patel
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Jointly Organized by

Care Institute Medical Society for Research and Education (CIMSRE) & GMERS Medical College, Sola
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FROM THE DESK OF ORGANIZING COMMITTEE

Dear Friends,

"The best way to find yourself is to lose yourself in the service of others." - Mahatma Gandhi

We hope this message finds you in good health and high spirits. We would like to express our heartfelt gratitude for your unwavering support and active engagement with the annual International Conference (JIC) over the years. With each passing edition, JIC has evolved into a remarkable platform for enriching scientific knowledge and fostering academic camaraderie.

We take immense pride in the fact that JIC has thrived, serving as a beacon of scientific excellence, even amidst challenges. We are delighted to announce the **20th International Conference, JIC-2024**, a physical in-person event scheduled to take place from **January 5th to January 7th, 2024**. Our commitment to delivering exceptional scientific insights remains unwavering.

The event will be hosted in the vibrant city of Ahmedabad, a city that boasts a rich tapestry of Hindu, Islamic, and Jain architectural heritage, located on the banks of the Sabarmati River. JIC-2024 promises an extensive and comprehensive scientific agenda, featuring a distinguished lineup of speakers from across the globe.

The conference aims to provide a dynamic and enriching environment for the exchange of cutting-edge research, fostering new collaborations, and expanding your scientific horizons. As we embark on this exciting journey, we look forward to your participation, which will undoubtedly contribute to making JIC-2024 an intellectually stimulating and memorable event.



Dr. Keyur Parikh

Chairman - Emeritus



Dr. Anish Chandarana

Conference Chairman



Dr. Milan Chag

Chairman-Emeritus,
Scientific Committee



Dr. Tejas V. Patel

Chairman,
Scientific Committee





INTERNATIONAL FACULTY

 **Dr. Bhavin Dalal**

 **Dr. Neil Mehta**

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 **Dr. Roosha Parikh**

 **Dr. Parth Parikh**

 **Dr. Aditi Parikh**

 **Dr. Kris Vijay**

 **Dr. Ashish Shah**

 **Dr. Evan Stein**





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JIC 2024 : PROGRAM HIGHLIGHTS

**DAY
1**

**JANUARY
5, 2024**

- **Internal Medicine Symposium**
- **Satellite Session**
 - An Evening of Pharmacology & Therapeutics
 - 10 Points to Remember for Physicians

**DAY
2**

**JANUARY
6, 2024**

- **Cardiovascular Symposium**
- **Critical Care (Airway Workshop)**
- **GI Oncology Updates - Improving Patient Outcome - 1**
- **Satellite Session**
 - Gastrology Update
 - Neurology (Stroke) Update
 - Infectious Diseases- Back to Basics

**DAY
3**

**JANUARY
7, 2024**

- **Cardiovascular Symposium**
- **Critical Care / Pulmonology Symposium**
- **GI Oncology Updates - Improving Patient Outcome - 2**
- **Gynecology And Infertility Update**
- **Nephrology Symposium**
- **JIC Student Quiz**

Every session is **interactive and exciting**.
Learn new things and be part of the **amazing experience**.

Venue : CLUB 07, Off. Sardar Patel Ring Road, Shela, Gujarat



PROGRAM HIGHLIGHTS

DAY 1

JANUARY 5, 2024

■ INTERNAL MEDICINE SYMPOSIUM

Topics:

- Introduction to JIC - 2024 - **Dr. Anish Chandarana**
- Chest imaging for primary care physician - **Dr. Bhavin Dalal**
- Pre operative management of antiplatelets & anticoagulation drugs - **Dr. Urmil Shah**
- Recent development in management of pulmonary fibrosis - **Dr. Ajay Jain**
- Types and management of various dystonia - **Dr. Narendra Barad**
- Thrombocytopenia in clinical practice: an anxiety provoking consult - **Dr. Ankit Jitani**
- Lung Ultrasound - Case based discussion - **Dr. Minesh Patel**
- Management of functional GI disorders - **Dr. Rajiv Bansal**
- Minimally invasive cardiac surgery --is there a future? - **Dr. Amit Chandan**
- TBA - **Dr. Mayur Patil**
- Who should (or should not) go for TAVI / TAVR? - **Dr. Tejas V. Patel**
- Professional conduct of a medical practitioner - A bird's eye view of NMC guideline - **Dr. Harshil Mehta**
- Art and science of 'de-prescribing' - **Dr. Y. K. Oza**
- Acute exacerbation of ILD - **Dr. Amit Patel**
- Endovascular treatment of ischemic stroke - **Dr. Mukesh Sharma**
- Occult blood in stool - What to do? - **Dr. Bhavesh Thakkar**
- Advancing coronary artery disease revascularisation strategies - Where are we heading? - **Dr. Kishore Gupta**
- Approach to pre diabetes - **Dr. Vivek Patel**
- Cardiorenal metabolic comorbidity in south asians: a call to action - **Dr. Kris Vijay**
- ED diaries : escape the *S.C.A.P.E* !! - **Dr. Aayushi Chokshi**
- Dengue fever - what not to do? - **Dr. Surabhi Madan**
- Patient with multiple VPCs in ECG - What physician should do? - **Dr. Hiren Kevadiya**
- Multiple myeloma - Physician's perspective - **Dr. Kaamil Patel**
- Hyperkalemia - newer management - **Dr. Siddharth Mavani**
- Mitral valve repair - When should we call in the cardiac surgeon? - **Dr. Nikunj Vyas**
- Time restricted eating as a therapeutic intervention for obesity - **Dr. Rikin Shah**
- TBA - **Dr. Bhagyesh Shah**
- Hyperuricemia - When to treat? - **Dr. Bhowmik Meghnathi**

PROGRAM HIGHLIGHTS

DAY 1

JANUARY 5, 2024

■ SATELLITE SESSION

• *An Evening of Pharmacology & Therapeutics*

Topics:

- Chat GPT and medicine - **Dr. Bhavin Dalal**
- Pill-in-the-pocket antiarrhythmic drug for atrial fibrillation - **Dr. Ajay Naik**
- Association of Lp(a) and coronary artery disease - How to manage? - **Dr. Vipul Kapoor**
- TBA - **Dr. Dhiren Shah**
- Aortic aneurysm and dissection - What physician should know? - **Dr. Tejas V. Patel**
- Novel pharmacological therapies in management of chronic heart failure : Beyond RAAS blockers, ARNI and beta blockers - **Dr. Kris Vijay**

• *10 Points to remember for physicians*

Topics:

- Management of atrial fibrillation - Latest update - **Dr. Hiren Kevadiya**
- Hypertension: latest 2023 european society (ESH) guidelines - **Dr. Anish Chandarana**
- LDL goals in secondary and primary prevention - Latest Update - **Dr. Evan A. Stein**
- TBA - **Dr. Dhaval Naik**
- 2023 ACC AHA - Management of patients with chronic coronary disease - **Dr. Hemang Baxi**
- 2023 ESC guidelines for the management of ACS - **Dr. Satya Gupta**
- 2023 Focused update on diagnosis and treatment of heart failure - **Dr. Urmil Shah**





PROGRAM HIGHLIGHTS

DAY 2

JANUARY 6, 2024

■ CARDIOVASCULAR SYMPOSIUM

Topics:

- TBA - **Dr. Keyur Parikh**
- Present and future lipid lowering agents - **Dr. Evan A. Stein**
- Trials of 2023 which changed my clinical practice (Part 1) - **Dr. Urmil Shah**
- TBA - **Dr. Satya Gupta**
- TBA - **Dr. Hemang Baxi**

- "Healthy and Whole is Heart and Soul" : A patient empowerment strategy in Non communicable disease prevention - **Dr. Kris Vijay**
- Catheter-Directed Thrombolysis in management of Acute Pulmonary Embolism - **Dr. Vipul Kapoor**
- CV Risk Assessment before Surgery: Take Aways from 2022 ESC Guidelines - **Dr. Anish Chandarana**
- Left Bundle Branch Area Pacing - new treatment modality for CHB patients - **Dr. Ajay Naik**
- TBA - **Dr. Dhaval Naik**

- LAA closure in management of Afib - when patient can't tolerate OAC - **Dr. Ashish Shah**
- Definition and Diagnosis of Restrictive Cardiomyopathy: Key Points - **Dr. Hiren Kevadiya**
- TBA - **Dr. Dhiren Shah**
- Exercise: Types, Dose, Intensity and CV Risk - **Dr. Anish Chandarana**

- Importance of history and physical exam for patients with SOB - **Dr. Bhavin Dalal**
- Treating Peripheral Artery Disease in the Modern World - Case based discussion - **Dr. Tejas V. Patel**
- "Food is Medicine" : Using this Mantra, can we succeed in primordial and primary prevention of Cardiometabolic risk? - **Dr. Kris Vijay**

PROGRAM HIGHLIGHTS

DAY 2

JANUARY 6, 2024

■ GI ONCOLOGY UPDATES - IMPROVING PATIENT OUTCOME (DAY-1)

• SESSION 1: ESOPHAGUS

- Welcome address, inauguration
- Master video : Vats esophagectomy
- Debate 1 : Definitive chemoradiation versus nactrt
- Followed by surgery in mid thoracic squamous esophageal ca
- Panel 1 : Locoregional esophageal cancers management
- Role of gastroenterologist in management of advanced esophageal cancers in present era.

• SESSION 2: STOMACH

- Master video : D2 gastrectomy
- Debate 2: hipec for gastric cancer . Yes/no
- Panel 2 : managing locoregional stomach cancer in present era
- Biomarker driven treatment for advanced gastric adenoca (where have we reached?)

• SESSION 3: PANCREAS

- Master video : Whipples/ applebys procedure
- Debate 3: Nact versus nactrt for borderline resectable cancers
- Panel discussion : On pancreatic adenocarcinoma
- Panel discussion : On management of pancreatic neuroendocrine tumors

• SESSION 4: LIVER

- Master video : Radical cholecystectomy
- Debate 4 : Surgical resection v/s sbrr for early hepatocellular ca
- Panel discussion : Managing early hepatobiliary malignancies (hcc and cholangiocarcinoma)
- Interventional radiology in present era for hcc management
- Novel targeted /biomarker based therapies in management of hcc

■ CRITICAL CARE (AIRWAY WORKSHOP) - (Marengo CIMS Hospital - AUDITORIUM)

- Evaluation of AIRWAY in ICU - **Dr. Ankur Bhavsar**
- Preparing the all in one airway cart - **Dr. Harshit Bavishi**
- Preoxygenation from ambu to HFNC/NIV - **Dr. Anish Joshi**
- Medicines used for intubation : a quick guide - **Dr. Shehnaaz/Dr.Raj Raval**
- NEWER gadgets and their place in my cart - **Dr. Ankit/ Punit Rawal**

• Tables:

- Airway anatomy & intubation - **Dr. Vasisth/Dr. Monika Kothari**
- Airway cart, drugs - **Dr. Nirav Visavadia/ Dr. Hitesh Rajde**
- Laryngeal mask airways (LMA) & video laryngeal stroboscopy (VLS) - **Dr. Raviraj Gohil**



PROGRAM HIGHLIGHTS

DAY 2

■ CRITICAL CARE (AIRWAY WORKSHOP) - (Marengo CIMS Hospital - AUDITORIUM)

- Can we have a fixed protocol ? - **Dr. Jigar Mehta**
- When stuck situations? crocotliytomy, PCT case based - **Dr. Amit Prajapati / Dr. Himanshu Diwan**
- Airway USG - **Dr. Amrish Patel**
- FOB - Indications and contraindications - **Dr. Gopal Raval**

• Tables:

- Fibreoptic intubation - **Dr. Amrish Patel**
- USG of airway - **Dr. Raviraj Gohil**
- Cricothyrotomy - **Dr. Amit Prajapati**
- PCT - **Dr. Chintan Sheth/ Dr. Hiren Dholakia**

JANUARY 6, 2024

■ SATELLITE SESSION

• GASTROLOGY:

- Interpretation of LFT & advances in fatty liver disease - **Dr. Rajiv bansal**
- Liver transplantation - Indications & update - **Dr. Vikas Patel**
- Inflammatory bowel disease - Newer treatment options - **Dr. Nilesh Toke**
- Endoscopic palliation of advanced GI malignancies - **Dr. Bhavesh Thakkar**
- Surgery in pancreatitis - When & which - **Dr. Manish Gandhi**

• INFECTIOUS DISEASE UPDATE:

- Learning infectious diseases- Back to basics - **Dr. Surabhi Madan**

• NEUROLOGY:

- Imaging in acute stroke - **Dr. Sunali Desai**
- Grey zone of IV thrombolysis - **TBA**
- Endovascular treatment of stroke and expanding inclusions - **Dr. Mukesh Sharma**
- Cerebral venous sinus thrombosis - **Dr. Keval Changadiya**
- Carotid and intracranial stenting - **TBA**



PROGRAM HIGHLIGHTS

DAY 3

JANUARY 7, 2024

■ CARDIOVASCULAR SYMPOSIUM

- **Interactive ECGs / Arrhythmia / Heart Failure**
 - Trials of 2023 which changed my clinical practice (Part 2) - **Dr. Urmil Shah**
 - Newer lipid-lowering therapies : what we all should know? - **Dr. Milan Chag**
 - Evaluation of stroke in young patients - role of PFO - **Dr. Ashish Shah**
 - Evaluate evidence from a journal Article - **Dr. Bhavin Dalal**
 - Have we reached the PUNTO DOLCI (Sweet Spot) in the management of diabetes and heart disease in south asians? - **Dr. Kris Vijay**
 - Familial hypercholesterolemia - Diagnosis and management - **Dr. Evan A Stein**
- **CASE BASED APPROACH**
 - Live Case-in-a-box : Interesting clinical case (not identified yet) - **Dr. Milan Chag**
 - Live Case-in-a-box : LV Thrombus: What to do? - **Dr. Anish Chandarana**
 - Live Case-in-a-box : TBA - **Dr. Hemang Baxi**
 - Live Case-in-a-box : TBA - **Dr. Vipul Kapoor**
 - Live Case-in-a-box : TBA - **Dr. Satya Gupta**
 - Live Case-in-a-box : TBA - **Dr. Bhavin Dalal**
 - Live Case-in-a-box : TBA - **Dr. Urmil Shah**
- **EXOTIC CASE BY MD PHYSICIAN (5 Cases - Each 10 mins + 3 mins Discussion)**
- **Poster presentation prize distribution**





PROGRAM HIGHLIGHTS

DAY 3

■ GYNAECOLOGY SYMPOSIUM

- Fertility preservation in low ovarian reserve women
- Fertility preservation in endometriosis
- Current and future perspectives for improving ovarian reserve
- Awareness of fertility preservation in Health providers
- Regenerative Medicine - A way forward
- Peculiar challenges in pregnancy after IVF
- Artificial intelligence in OBGYN
- Economics of OBGYN practice
- Cosmetic Gynaecology

■ CRITICAL CARE / PULMONARY SYMPOSIUM

- Best trials in 2023-24 for ICU - **Dr. Bhavin Dalal**
- Making the best of our life as an intensivist - **TBA**
- Panel discussion (diagnostic) - Case based diagnostic discussion - **Dr. Manoj Singh, Dr. Minesh Mehta, Dr. Rachit Patel, Dr. Himanshu Diwan**
- Fluid responsiveness - What's new? - **Dr. Vipul Thakkar**
- Immunosuppressants in perioperative period (transplant) - **Dr. Niren Bhavsar**
- Panel discussion (communication) - Let the team decide - **Dr. Shivang Patel, Dr. Shehnaaz, Dr. Siddharth mavani, Dr. Hiren kevadiya, Dr. Harshit bavishi, Dr. Binit zaveri**
- Burns management - Timeline based or individualized - **Dr. Samir Gami**
- Would you treat the reports or patients? - **TBA**
- Panel discussion (pulmonology in ICU) - **Dr. Amit Patel, Dr. Nitesh Shah, Dr. Ajay Jain, Dr. Kapil Iyer**
- Functional hemodynamics monitoring - **Dr. Chintan Sheth**
- Hunger in ICU - Feed or starve - **Dr. Vipul Parikh**
- Panel discussion (Therapeutics) - Extracorporeal therapies - **Dr. Bhagyesh Shah, Dr. Jay Kotari, Dr. Mayur Patil, Dr. Tejas Prajapati, Dr. Purvesh Umarania, Dr. Samir Gami**



PROGRAM HIGHLIGHTS

DAY 3

JANUARY 7, 2024

■ NEPHROLOGY SYMPOSIUM

- Approach to hematuria
- Approach to proteinuria
- Resistant UTI
- Resistant / Refractory HTN
- Cardio renal syndrome
- Dysnatremia
- Confidence trail news on horizon
- Transplant and nutrition
- Basics of transplant immunology
- How to establish quality dialysis unit in my hospital?
- Organ and failure - which is better dialysis vs transplant
- Approach to patient with diabetic kidney disease
- NSAIDs and kidneys / drugs & kidneys

■ GI ONCOLOGY UPDATES - IMPROVING PATIENT OUTCOME (DAY-2)

• SESSION 5: RECTAL CANCER

- Master video : Laproscopic (LAR/ISR) (12+5 min discussion)
- Debate : Does the recent evidence suggests end of road SCRT for rectal cancers or is there a way ahead.
- Panel1: Management of early and locally advanced rectal cancers
- Debate in present era : Preoperative radiation therapy is must for all locally advanced rectal cancers . Yes/No

• SESSION 6: COLON AND APPENDIX

- Panel Management of appendix cancers / pseudomyxoma peritonei
- Debate: HIPEC for locally advanced colon cancers . YES/NO?
- Debate :Neoadjuvant chemotherapy in operable colon cancer : Practice changing ?
- Management of oligometastatic colorectal cancer (liver, lung, peritoneum)



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JIC 2024

Joint International Conference

SUBMIT YOUR ABSTRACT FOR POSTER PRESENTATION AT JIC 2024

JIC 2024 scientific committee invites original clinical cases and research abstracts in basic and clinical research by MD students for scientific poster presentation competition.

SUBMISSION CATEGORY: CLINICAL STUDY / CLINICAL CASE(S)

ABSTRACT DETAILS

The abstract should be single spaced, justified typed in MS Word Document

Abstract Title :

Font Type: Times New Roman, Size 12 Points, Bold. Each word should begin with a capital letter except transition words.

Author(s) Details :

Font Type: Times New Roman, Size 11 Points, Regular

- Family Name (Surname), First Name
- Affiliations: Institute / Hospital, Department, City and Country (Superscripted numerically, if more than one)
- Presenting author's name should be placed first.
- Corresponding author's email-id

Abstract Body (200-250 words):

Font Type: Times New Roman, Size 11 Points.

Structure of Abstract

- Clinical Studies: Background, Method, Results and Conclusion
- Clinical Case(s):

Case History, Diagnosis, Management, Discussion and Outcome

POSTER DETAILS

- Poster Dimensions: Height: 6.50 feet (2 meter) x Width: 3.28 feet (1 meter)
- Poster Footer should mention: **"Poster presented at JIC 2024, Ahmedabad, India."**

Policies

- There is no fee for submission of abstract.
- The research should not have been presented earlier.
- All abstracts/posters must be in English.
- Abstracts submitted in the above given format only will be accepted.
- Complimentary registration will be extended to presenting author as well as co-authors of the accepted abstract.
- Poster presentation date and time will be notified on acceptance.
- Presenting author should mandatorily be present during the conference. Failure to remain present may jeopardize future acceptance of abstracts.
- Posters should be displayed half an hour before the commencement of the session.
- Decision of the JIC 2024 Scientific Committee for the awards of the posters will be final and abiding to all participants.
- Certificate will be given to the presenting author citing the names of the co-authors also.
- Accepted abstracts will be available for review on www.jicindia.org

Prizes	Clinical Study	Clinical Case
First Prize (One)	5000 INR	4000 INR
Second Prize (Two)	2500 INR	2000 INR
Third Prize (Three)	1500 INR	1000 INR

TIMELINES

Abstracts details must be filled in Google Form by
15th December, 2023

Poster Presentation JIC-2024

Link for the Google form:

<https://forms.gle/4tqUN9WmXPBUb1c96>



For Abstracts Related Query Call : 079 4805 1058 / 079 4805 1060 | Time: 10.00 to 5.00

For more details, please contact: Mr. Ketan Acharya: +91-98251 08257 | Mr. Vivek Patel : +91-75750 09579 | Mr. Dashrath: +91- 90990 66538

QUIZ WITH EXCITING PRIZES

JIC 2024 : QUIZ COMPETITION (JAN 07, 2024)

Inter-College Quiz for MD (Medicine) and MD (Emergency) Residents

Venue : Club O7 - Off. Sardar Patel Ring Road, Shela, Ahmedabad

LEARN. INTERACT. NETWORK

08:00 AM REGISTRATION AND BREAKFAST

09:00 AM Medical Quiz with Exciting Prizes

Quiz Masters : Dr. Tejas V. Patel, Dr. Surabhi Madan, Dr. Hiren Kevadiya,

Dr. Bhowmik Meghnathi, Dr. Aayushi Chokshi,

12:30 PM Prize Distribution - Poster Presentation - JIC Faculty

01:00 PM Networking Lunch

Quiz Masters



Dr. Tejas Patel
+91 89403 05130



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Dr. Hiren Kevadiya
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Dr. Bhowmik Meghnathi
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JANUARY 05 - 07, 2024

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Conference Secretariat

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JANUARY 05 - 07

20th Annual Scientific Symposium
29th Year of Academics

REGISTRATION FORM - JIC 2024

PLEASE NOTE THAT IT IS MANDATORY TO PROVIDE ALL THE INFORMATION.

PLEASE FILL IN CAPITAL LETTERS

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Published on 5th of every month

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JIC 2024

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20th Annual Scientific Symposium
29th Year of Academics

REGISTRATIONS ARE OPEN FOR IN-AUDITORIUM MEET WITH LIMITED SEATS.

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